

#### **Monthly Newsletter**

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#### Greetings from Director Riley Mattson

The Roughrider Education Services Program (RESP) staff continues to listen to our member schools and assist them in their educational needs. Listed below are upcoming events that are in the works for our member schools:

#### January 16, 2017 "Mindset" Workshop Day

On behalf of Dickinson State University, West River Teacher Center and Roughrider Education Services Program (RESP), we would like for you to join us for an enlightening Mindset Workshop with presenter, Dr. Rod Jonas. Dr. Jonas has spent the past 17 years preparing students to become licensed teachers and is currently a Professor and Dean of the Liffrig Family School of Education and Behavioral Sciences at the University of Mary.

Session #1 (8:30-11:30 AM): Why is a Growth Mindset so Important? This presentation will focus on the value of helping students develop a growth mindset. The greatest gift we can give our students is to help them understand the value of embracing life's struggles and failures. This session will allow participants to work on integrating growth-mindset principles into his/her school's culture.

Session #2 (12:30-2:30 PM): This presentation will provide teachers and school administrators with ideas of how to help students develop the skills needed to move from a fixed-mindset to a growth-mindset. Students' achievement is not based solely on students' talents or abilities, but is fueled primarily by students'

hard work and resilience. This session will allow participants to work on developing strategies that can be used to help students in their schools develop a growth-mindset.

<u>-Time:</u> (8:00 AM Registration)(8:30-11:30 AM Session #1)(11:30-12:30 Lunch)(12:30-2:30 PM Session #2)

-Registration: https://www.escweb.net/nd\_resp/catalog/session.aspx?session\_id=34728

<u>-Cost:</u> \$50/person (includes Lunch & Beverages) NO REFUNDS. \$100/person for non-members

#### **Summer Learning Opportunities**

RESP will be hosting a couple of Professional Development opportunities:

Modern Grading Practices & Building Student Perseverance & Self-Discipline by Rick Wormeli—
June 8 & 9, 2017 at Dickinson State University Student Center Ballroom. Join us for a compelling two-day seminar that explores the interaction of modern grading practices and teaching students tenacity and responsibility. We'll explore the burning issues of grading, including: re-do's/re-take's, averaging or not, formative/summative/common/alternative assessments, descriptive feedback, marking homework, gradebooks/report cards, evidence of mastery, zeroes on the 100-point scale, extra credit, grading special education students in the regular education classroom, and much more.

Continued on Page 2.....

#### Greetings from Director Riley Mattson Continued

.....continued from Page 1

Plus, we look at how to help students find the reserves to stick with projects and tasks, be they physical or intellectual. We can't motivate students, as that comes from within them, but we can create an environment in which they want to invest time and energy dedicated to learning. We'll understand that there is no such thing as laziness; our students want demanding, complex learning, and they want to persevere! This generation is more than ready for what it takes to make the world their own. Let's light this rocket!

<u>-Time:</u> 8:30 AM MST Registration (both days) 9:00 AM – 4:00 PM MST (both days)

-Registration: www.escweb.net/nd\_resp/catalog/
session.aspx?session\_id=34581

<u>-Cost:</u> \$150/person (includes lunch) NO REFUNDS. \$300 for non-members

<u>-Continuing Education Credit (1)</u>: Available through DSU for \$50/person (must attend both days)

Practice DITCHING your Textbook with Matt Miller

 July 25 & 26, 2017 at Dickinson State University
 Student Center Ballroom. Teachers are no longer the gatekeepers to education. With ubiquitous information available from Google searches, YouTube videos and social media, how do we as educators navigate the new landscape?

It's time to "DITCH" that Textbook," engaging students in digital spaces and rethinking our "textbook" beliefs about education. You'll leave this session with lots of practical "use in class tomorrow" ideas for using technology in the classroom. You'll also be inspired and equipped to provide the most relevant education possible for your students. Thorough digital handouts save links to all your valuable content in one place to refer back to later. Be sure to bring a laptop, Chromebook or tablet to get the most out of this workshop!

-<u>Time:</u> 8:30 AM MST Registration (both days) 9:00 AM – 4:00 PM MST (both days)

-Registration: www.escweb.net/nd\_resp/catalog/ session.aspx?session\_id=34447

-Cost: \$150/person (includes lunch) NO REFUNDS. \$300 for non-members

<u>-Continuing Education Credit (1)</u>: Available through DSU for \$50/person (must attend both days)

Please take the time to check in occasionally to visit our website and check out upcoming educational opportunities for staff and administrators that are being offered in the southwest and throughout the state. Our website address is <a href="https://www.resp-k12-education.org">www.resp-k12-education.org</a>.

#### Succeed 2020 College & Career Readiness

Brooks Harper has been locked in for **Career Expo 2017**. The date is **March 15**<sup>th</sup>, **2017**. We are so excited for this addition to the Expo! RESP gives a shout-out to the southwest area counselors for their continued support of this program, which was born through them many years ago.

The date for **Discovery Day** is set for **May 3<sup>rd</sup>, 2017**. Based on those schools who have RSVP'd this date, we will conduct two sessions – a morning session and an afternoon session. Based on last year's success, we realize it is important to be more structured for this event to allow the students to interact with each business' activity.

Please let RESP know of your intent to attend either of these important dates and also how many students you will bring with you. This information helps our planning tremendously.

"PASSION is the difference between having a job and having a career."

#### From the Desk of Yvonn Weigel-Frank Succeed 2020 Project Director

Greetings!

Last month I reported that Succeed 2020 Directors and data personnel have been compiling data across the state for the **Succeed 2020** *By the Numbers* booklet. We are happy to say that the booklet is complete and is being sent and shared with anyone who wants to read the contents! If you would like a copy, please let us know. We had enough to share a copy with our Governing Board and with the attendees at the Administrative Board Meeting. We now await more copies in the mail. As I come out to the schools for training, I will bring copies with for whoever wants one!

Last week, November 1, 2016, Riley Mattson and I, along with the REA's across the state, had the opportunity to address the Succeed 2020 Steering Committee. This meeting proved to be successful in that it helped the committee to understand the REAs processes better and to see the growth of excellent professional development throughout the state. Following was a gathering at the Governor's Mansion hosted by Mrs. Betsy Dalrymple and sponsored by Mr. Steve McNally, Hess North Dakota. We personally thanked Mr. McNally for his support.

Spectrum continues to work with RESP on the returns on investment process. It is advantageous for us to work monthly via webinars!

**Trauma-Sensitive Schools** training continues full force. Please contact us if you are in need of this training, which also impacts your school's mental health training hours.

As always, if you have questions or comments, please contact us!

Respectfully,

Yvonn

#### Suicide Prevention News — Ask a Question, Save a Life

RESP, with help from the American Foundation for Suicide Prevention (AFSP), is in the process of discussion to organize a community walk for suicide prevention in the coming year. We are fortunate to be able to work directly with the AFSP.

Please note that we can come to events or your business location to train your staff, educators, foster parents and other community members on QPR for Suicide Prevention, ASIST, and Sources of Strength. We are a phone call away!

RESP remains focused on implementing **Sources of Strength** in schools. We are hopeful that schools will decide to adopt the Sources of Strength program which features peer leaders spreading hope, help and strength. Please contact us with your questions. We look forward to helping you make this happen in your school.

RESP and the North Dakota Suicide Prevention Coalition work hard to communicate there is HOPE for anyone considering suicide. Let's keep this going! One life lost is too many!

Let's all spread hope, help and strength.

## S**SURCES OF STRENGTH**

NORTH DAKOTA 2016-2017 SCHOOL PREVENTION CAMPAIGN

#### In collaboration with:

















### **ABOUT SOURCES OF STRENGTH**

- An international wellness and strength-based program that uses peer leaders to change social norms and school climate.
- 🟏 Is the most heavily researched peer leader program in the world.
- Is on SAMHSA's National Registry of Evidence Based Programs & Practices (NREPP), the highest prevention standard in the US.
- Spreads strength-based safe messaging through guided campaigns that focus on hope, help and strength; not sadness, shock or trauma.
- Meets state mandates for suicide prevention and mental health professional development.
- Meets state requirements for bully prevention.
- Fulfills 21st Century Learning Initiative for Communication, Creativity, Collaboration and Critical Thinking.
- Relationships, student-teacher connectedness and resiliency are also addressed.
- Complements Every Students Succeeds Act (ESSA) and ND AdvancEd accreditation process with built-in baseline surveys.
- Is free for the 2016-2017 school year through a suicide prevention grant from the ND Department of Health. The normal startup cost for a school is \$5,000.
- **▼** Sustaining annual costs are \$500 per school per year.
- Sustaining costs can be drawn from Title IV, fitting programs for well-rounded students.

Contact Cody Sletten at Sources of Strength with any questions. 701–426–9057 • cody@sourcesofstrength.org • sourcesofstrength.org



Question Persuade Refer (QPR) for Suicide Prevention is a protocol for suicide prevention that helps people to recognize warning signs of suicide crisis and how to question, persuade and refer someone for help.

The protocol teaches "gatekeepers" (those in a position to help), to prevent suicide through hope and action. In this suicide prevention training, participants learn about statistics, learn the QPR protocol and practice the protocol through role play, which gives them a chance to walk/talk through a person's wish to commit suicide and get them help. Short videos are also used during the presentation to give more insight into the global statistics, the QPR method and why it helps, and also some background on brain disorders that pertain to suicidal thoughts and actions.

**QPR** is not intended to be a form of counseling or treatment.

**QPR** is intended to offer hope through positive action.

**QPR** is intended to teach those who are in a position to recognize the warning signs, clues and suicidal communications of people in trouble to ACT vigorously to prevent a possible tragedy.

## Ask a Question, Save a Life

For further information, please contact: Yvonn Weigel-Frank, Certified QPR Gatekeeper Instructor, at RESP, 483-0999.





## From the Desk of Jillian Dietchman ELL Specialist

#### **Teaching English Learners Using Current Events**

Current events, in general, are great sources for speaking or reading tasks, and connect students with situations that are real, that may be affecting thousands of lives somewhere in the globe. Current events lessons raise awareness, inform and educate students in a broader sense.

Following, you'll find two great resources that will support discussions of current events with all of your students, as well as provide instructional support for English Learners:

#### Newsela <a href="https://newsela.com/">https://newsela.com/</a>

Newsela is an educational website that offers an innovative way to build reading comprehension with nonfiction that's always relevant: daily news. Every article is available to read at 5 reading levels (500L-1210L) and includes quizzes that are aligned to the Common Core. Newsela PRO subscribers are able to create a personalized dashboard for their classroom and track student progress. Newsela also has two new features: non-fiction text sets and articles in Spanish, both of which also have versions at multiple reading levels.

Listenwise: Public Radio Podcasts for the Classroom <a href="https://listenwise.com/">https://listenwise.com/</a>

When public radio journalist Monica Brady-Myerov asked her daughters' teacher if she was using public radio podcasts to teach current events, the teacher said she didn't have time to look for relevant stories and create supporting classroom materials — so Brady-Myerov decided to start a service that would make it easier for her!

Listenwise offers curated public radio stories and supporting materials with a special emphasis on current events as well as other content areas. In addition to offering the podcasts, Listenwise includes resources that are particularly helpful for ELLs, such as interactive transcripts, tiered vocabulary lists, graphic organizers for active listening, and reduced speed audio. The podcasts and graphic organizers are available for free, and the more advanced services are available for a fee to schools.





## RESP ELL SERVICES

RESP provides support through training and resources for identification and screening of ELL students. Once identified, the RESP ELL Coordinator collaborates with staff to create an individual language plan for each student and determine best practices of language development to improve students' English language and academic content skills. The RESP ELL Coordinator also assists schools with standardized testing and compliance requirements.





Identification and Placement of New ELL Students

Individual Language Plans

Collaboration with Teachers on ELL Best Practices

Screening and State Mandated Testing Services

Compliance with State and Federal Policies

JILLIAN DIETCHMAN
ELL COORDINATOR

jillian.dietchman@k12.nd.us

Work: 701-483-0999 Cell: 307-359-3433

## 2016-2017 RESP TLC:

#### **TEACHER LEARNING COMMUNITY**

Each session will focus on effective instruction, mindset, differentiated instruction, and key subject area standards. There will also be time for sharing of ideas and resources.

Registration: http://www.resp-k12-education.org/registration.php

Cost: \$50 per session
Time: 8:30 am - 3:00 pm

Location: DSU Klinefelter Hall Room 106

Name Pre-School Kindergarten Grade 1 Grade 2 Grade 3 Grade 4 Grade 5 Grade 6  Art K-12 Business Tech/Computer Science 7-12 Counselors/ Career Advisors K-12 English 7-12 Family & Consumer Science 7-12	Date	Day
Pre-School	2/21	Tuesday
Kindergarten	2/9	Thursday
Grade 1	2/7	Tuesday
Grade 2	1/31	Tuesday
Grade 3	1/11	Wednesday
Grade 4	11/29	Tuesday
Grade 5	9/20	Tuesday
Grade 6	9/13	Tuesday
Art K-12	1/26	Thursday
Business Tech/Computer Science 7-12	2/8	Wednesday
Counselors/ Career Advisors K-12	12/1	Thursday
English 7-12	1/10	Tuesday
Family & Consumer Science 7-12	3/7	Tuesday
Librarians K-12	3/8	Wednesday
Math 7-12	11/30	Wednesday
Music K-12	9/15	Thursday
Physical Education K-12	2/22	Wednesday
Science 7-12	10/25	Tuesday
Social Studies 7-12	11/3	Thursday
Title I - Interventionist - Special Education K-12	11/2	Wednesday
Vo Ag 7-12	2/28	Tuesday





#### 16-17 PRINCIPAL LEARNING COMMUNITY

ORGANIZER	RESP	The Principal Learning Community will focus on Data-Driven Instruction,
COST	\$50	School Culture and Climate, Leadership, Mindset, and the Observation and Feedback Cycle.
TIME	8:30 AM - 12:30 PM	Time will also be devoted to sharing of ideas and resources.
REGISTRATION	OPENS 8/24	A minimum of 7 registered participants are needed for each session.
LOCATION	DSU KLINEFELTER HALL ROOM 106	To register for a session, go to http://www.resp-k12-education.org/registration.php

ELEMENTARY PLC	DAY	HIGH SCHOOL PLC	DAY
9.27.2016	Tuesday	9.28.2016	Wednesday
11.8.2016	Tuesday	11.9/2016	Wednesday
1.24.2017	Tuesday	1.25.2017	Wednesday
4.4.2017	Tuesday	4.5.2017	Wednesday

SEPTEMBER OCTOBER									NC	NOVEMBER								DECEMBER								JANUARY								FEBRUARY							
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# Mindset Workshop with Dr. Rod Jonas January 16, 2017

Join us for an enlightening Mindset Workshop with Presenter, Dr. Rod Jonas.

Dr. Jonas has spent the past 17 years preparing students to become licensed teachers and is currently a Professor and Dean of the Liffrig Family School of Education and Behavioral Sciences at the University of Mary.

### Session #1: Why is a Growth Mindset so Important? (8:30AM-11:30AM)

This presentation will focus on the value of helping students develop a growth mindset.

The greatest gift we can give our students is to help them understand the value of embracing life's struggles and failures. This session will allow participants to work on integrating growth-mindset principles into his/her school's culture.



Made possible by Succeed 2020 and DPI Professional Development Grant Funding.

### Session #2: How to Help Students Develop a Growth Mindset (12:30PM-2:30PM)

This presentation will provide teachers and school administrators with ideas of how to help students develop the skills needed to move from a fixed-mindset to a growth-mindset.

Student's achievement is not based solely on students' talents or abilities, but is fueled primarily by students' hard work and resilience. This session will allow participants to work on developing strategies that can be used to help students in their schools develop a growth-mindset.

**Location:** DSU Student Center Ballroom

Time: 8AM Registration-2:30PM

Cost: \$50 member schools

\$100 non-member schools

(Includes lunch - 11:30AM-12:30PM)

No Refunds



## Modern Grading Practices & Building Student Perseverance & Self-Discipline

#### Presented by: Rick Wormeli

Date: June 8 & 9, 2016

Location: DSU Student Center Ballroom
Time: 8:30AMmst Registration (both days)

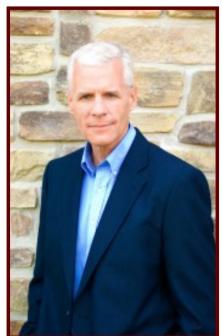
9AM-4PMmst (both days)

#### To Register

www.escweb.net/nd resp/catalog/session.aspx? session id=34581

#### Cost

- -\$150/person (includes meals & beverages). No refunds. \$300 for non-members.
- -Continuing Education Credit (1) will be available through DSU for \$50/person (must attend both days).



Join us for a compelling two-day seminar that explores the intersection of modern grading practices and teaching students tenacity and responsibility. We'll explore the burning issues of grading, including: re-do's/re-takes, averaging or not, formative/summative/common/alternative assessments, descriptive feedback, marking homework, gradebooks/report cards, evidence of mastery, zeroes on the 100-point scale, extra credit, grading special education students in the regular education classroom, and much more.

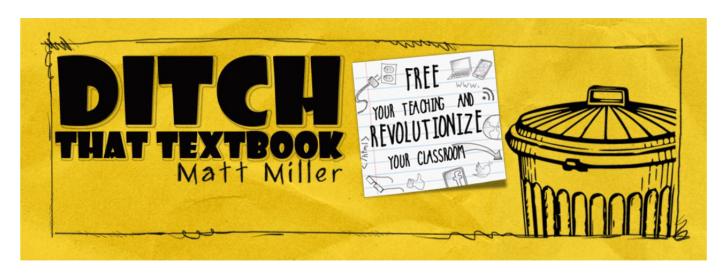
Plus, we'll look at how to help students find the reserves to stick with projects and tasks, be they physical or intellectual. We can't motivate students, as that comes from within them, but we *can* create an environment in which they want to invest time and energy dedicated to learning. We'll understand that there is no such thing as laziness; our students want to do demanding, complex learning, and they want to persevere! This generation is more than ready for what it takes to make the world their own. Let's light this rocket!

Reserve your spot today to ensure attending this great workshop!





Made possible by Succeed 2020 Initiative and DPI Professional Development Grant Funding.



# Practice DITCHing your Textbook with Matt Miller

Teachers are no longer the gatekeepers to education. With ubiquitous information available from Google searches, YouTube videos and social media, how do we as educators navigate the new landscape?

It's time to "Ditch That Textbook," engaging students in digital spaces and rethinking our "textbook" beliefs about education. You'll leave this session with lots of practical, "use in class tomorrow" ideas for using technology in the classroom. You'll also be inspired and equipped to provide the most relevant education possible for your students. Thorough digital handouts save links to all your valuable content in one place to refer back to later. Be sure to bring a laptop, Chromebook or tablet to get the most out of this workshop!

**Date:** July 25 & 26, 2016

Location: DSU Student Center Ballroom

Time: 8:30AMmst Registration (both days), 9AM-4PMmst (both days)

To Register: www.escweb.net/nd\_resp/catalog/session.aspx?session\_id=34447

Cost: \$150/person (includes meals & beverages). No refunds.

\$300 for non-members.

-Continuing Education Credit (1) will be available through DSU for \$50/person

(must attend both days).

If you have any questions, please contact RESP at 701.483.0999.





## **Invigorating the Math Classroom**

State-Wide Professional Development

When: Nov 19 & Jan 28th (in person) Nov 29 & Feb 13 (online)

Who: All Secondary Math Educators

Where: Minot Public Schools Annex (628 17th Ave SE)

Maximum Capacity: 40 participants

Session Fee: FREE Includes Lunch (doesn't include UND credit registration fees)

Register Here: <a href="https://goo.gl/forms/sQpgfPuhoD4jz5jh2">https://goo.gl/forms/sQpgfPuhoD4jz5jh2</a>

#### Session Overview:

Teachers will implement more of the best instructional math practices. Learn how to pose purposeful questions, use student thinking to promote reasoning and problem solving, and support the productive struggle. Benefits of attending <sup>3</sup>

- 1. All the great information.
- 2. Attendees are eligible for a math stipend for your classroom.
- Continuing Education Credits available thru UND.

#### **Session Presenters:**

#### ND State Math Leadership Team:

Lynn Mitzell (SEEC), Cathy Williams (Grand Forks), Tammy Meyer (Devils Lake), Bill Martin (NDSU), and Richard Wilson (West Fargo).

Are you a ND high school senior?
Planning on attending college next year?
Seeking scholarship dollars?

Enter the 2016 Money Sen\$e Contest sponsored by the North Dakota Jump\$tart Coalition!

You could win \$1,000 for college!



# MONEY SEN\$E CONTEST

#### Here's how it works!

- 1. Create a 1–2 minute YouTube video based on one of these Money Sen\$e topics.
  - · Money Mistakes Young People Make
  - Needs vs. Wants, What's the Difference?
  - Why are Budgets Beneficial?
     Need ideas? Visit: www.ndjumpstart.org/video-ideas
- Email your YouTube video entry by Nov. 18 to ndjumpstart@gmail.com. A committee will select the top five videos, which will then be displayed at www.ndjumpstart.org and voted on by the public Dec. 5-16. (Tell your friends to vote!) The winner will be announced Dec. 21.
- 3. The winner will receive a \$1,000 college scholarship!



#### Requirements/Guidelines:

- Must be a ND high school senior who will be attending college in fall 2017.
- Create a short 1–2 minute YouTube video relating to Money \$ense. (Please introduce yourself in the video).
- The ND Jump\$tart Board and/or judging committee has the right to disqualify videos deemed unacceptable.
- · Deadline for submission: Nov. 18, 2016.
- Video participants agree and authorize the ND Jump\$tart, or anyone authorized by ND Jump\$tart, the use of any and all images that have been taken of the participant and/or friends/family without compensation to the participant. Participants agree that the ND Jump\$tart Coalition may use such videos with or without the participant's name for any lawful purpose, including purposes of publicity, illustration, advertising and web content.
- The winning video becomes the property of ND Jump\$tart Coalition. In order to receive the scholarship, the winner will submit the video file.
- Send all questions and entries by Nov. 18 to: Lance Hill at ndjumpstart@gmail.com.



Please forward this newsletter onto staff & school board members.

If you have any questions regarding an item discussed in this issue, please contact our office at: 701.483.0999, M-F from 8AM -  $4PM_{MST}$ .