

RESP

**Roughrider
Education
Services
Program**



Monthly Newsletter

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Greetings from Director Riley Mattson

Listed below are upcoming events that are in the works for our member schools:

January 16, 2016 Workshop Day

Roughrider Education Services Program, Dickinson State University and West River Teacher Center have partnered together to offer a workshop for all staff within your district. The workshop is set up specifically for Pre-K through 12th grade educators to ensure professional development is maximized. **Below is an agenda for the day:**

Location: DSU Student Center Ballroom

8:00AM-8:30AM Registration

8:30AM-8:35AM Welcome

8:35AM-11:30AM Key Note Speaker Dr. Rod Jonas, University of Mary presenting on "Growth Mindset" Session #1: Why is a Growth Mindset so Important? This presentation will focus on the value of helping students develop a growth mindset. The greatest gift we can give our students is to help them understand the value of embracing life's struggles and failures. This session will allow participants to work on integrating growth-mindset principles into his/her school's culture.

11:30-12:30PM Lunch (DSU Student Center Cafeteria)

12:30-2:30 PM Session #2: How to Help Students Develop a Growth Mindset. This presentation will provide teachers and school administrators with ideas of how to help students develop the skills needed to move from a fixed-mindset to a growth-mindset. Student's achievement is not based solely on student's talents or abilities, but is fueled primarily by students' hard work and resilience. This session will allow participants to work on developing strategies that can be used to help students in their schools develop a growth mindset.

Cost: \$50.00 per person (includes meal and beverages)

Summer Learning Opportunities for 2017

The RESP will be hosting a couple of Professional Development opportunities:

- Modern Grading Practices & Building Student Perseverance & Self-Discipline by Rick Wormeli**
 June 8 & 9, 2017 at Dickinson State University. Join us for a compelling two-day seminar that explores the intersection of modern grading practices and teaching students tenacity and responsibility. We'll explore the burning issues of grading, including: re-do's/re-takes, averaging or not, formative/summative/common/alternative assessments, descriptive feedback, marking homework, gradebooks/report cards, evidence of mastery, zeroes on the 100-point scale, extra credit, grading special education students in the regular education classroom, and much more. Plus, we'll look at how to help students find the reserves to stick with projects and tasks, be they physical or intellectual. We can't motivate students, as that comes from within them, but we **CAN** create an environment in which they want to invest time and energy dedicated to learning. We'll understand that there is no such thing as laziness; our students want to do demanding, complex learning, and they want to persevere! This generation is more than ready for what it takes to make the world their own. **Let's light this rocket!**

Continued on page 2...

Greetings from Director Riley Mattson Continued

...Continued from Page 1

- **Modern Grading Practices & Building Student Perseverance & Self-Discipline by Rick Wormeli Continued:**

Location: DSU Student Center Ballroom

Time: 8:30AM MST Registration (both days), 9:00AM-4:00PM MST (both days)

To Register: www.escweb.net/nd_resp/catalog/session.aspx?session_id=34447

Cost: \$150/person (includes meals and beverages). No refunds. \$300 for non-members

Continuing Education Credit (1) will be available through DSU for \$50/person (must attend both days).

- **Practice DITCHing your Textbook with Matt Miller – July 25 & 26, 2017 at Dickinson State University**

Teachers are no longer the gatekeepers to education. With ubiquitous information available from Google searches, YouTube videos and social media, how do we as educators navigate the new landscape?

It's time to "Ditch That Textbook," engaging students in digital spaces and rethinking our "textbook" beliefs about education. You'll leave this session with lots of practical, "use in class tomorrow" ideas for using technology in the classroom. You'll also be inspired and equipped to provide the most relevant education possible for your students. Thorough digital handouts save links to all your valuable content in one place to refer back to later. Be sure to bring a laptop, Chromebook or tablet to get the most out of this workshop!

Location: DSU Student Center Ballroom

Time: 8:30AM MST Registration (both days), 9:00AM 4:00PM MST (both days)

To Register: www.escweb.net/nd_resp/catalog/session.aspx?session_id=34581

Cost: \$150/person (includes meals & beverages). No refunds. \$300 for non-members

Continuing Education Credit (1) will be available through DSU for \$50/person (must attend both days).

Please take the time to check in occasionally to visit our website and check out upcoming educational opportunities for staff and administrators that are being offered in the southwest and throughout the state. Our website address is www.resp-k12-educatin.org to register for professional development opportunities.

Succeed 2020 College & Career Readiness

Career Expo 2017 is coming closer and closer (**March 15, 2017**)!

We have been very busy making contacts with all types of businesses, near and far! We will also have two sessions on entrepreneurship hosted by Brooks Harper, himself!

The date for **Discovery Day** is set for **May 3rd, 2017**.

If you haven't RSVP'd this date with the number of students, please do so! We are relying on your help to make this event structured for you and your students.

"PASSION is the difference between having a job and having a career."

From the Desk of Yvonn Weigel-Frank
Succeed 2020 Project Director

RESP Succeed 2020 continues to work with Spectrum on the returns on investment (ROI) process. We are steadily increasing our knowledge of business/accounting procedures that help us to determine the viability of programming and decisions we make.

FHI360 will be conducting site visits during this quarter. We look forward to their visit, recommendations and comments, especially at this time when our grant is coming to an end.

As always, if you have questions or comments, please contact us!

I wish you have a very happy and joyous year!

Respectfully,

Yvonn

Suicide Prevention News — *Ask a Question, Save a Life*

Let's all spread hope, help and strength.

Community members are working closely with the American Foundation for Suicide Prevention (AFSP) to organize an **Out of the Darkness Walk**. Suicide prevention starts with everyday heroes like you. Join us on **Saturday, September 23, 2017**, in Dickinson as we walk to fight suicide and raise awareness about mental health. Be a part of the movement turning hope into action, and create a culture that's smart about mental health. Funds raised at the walks will benefit the American Foundation for Suicide Prevention. Find a walk near you at [Out of the Darkness.org](http://OutoftheDarkness.org). **Please stay tuned for the specific venue in Dickinson!**

Remember, we can come to events or your business location to train your staff, educators, foster parents and other community members on QPR for Suicide Prevention, ASIST, and Sources of Strength. We are a phone call away!

RESP remains focused on implementing **Sources of Strength** in schools. We are hopeful that schools will decide to adopt the Sources of Strength program which features peer leaders spreading hope, help and strength. Please contact us with your questions. We look forward to helping you make this happen in your school.

RESP and the North Dakota Suicide Prevention Coalition work hard to communicate there is HOPE for anyone considering suicide. Let's keep this going! One life lost is too many!

Trauma-Sensitive Schools training continues full force. Please contact us if you are in need of this training which also impacts your school's mental health training hours.

SOURCES OF STRENGTH

NORTH DAKOTA 2016-2017 SCHOOL PREVENTION CAMPAIGN

In collaboration with:



TITLE IV
WELL ROUNDED STUDENTS



ABOUT SOURCES OF STRENGTH

- ✓ An international wellness and strength-based program that uses peer leaders to change social norms and school climate.
- ✓ Is the most heavily researched peer leader program in the world.
- ✓ Is on SAMHSA's National Registry of Evidence Based Programs & Practices (NREPP), the highest prevention standard in the US.
- ✓ Spreads strength-based safe messaging through guided campaigns that focus on hope, help and strength; not sadness, shock or trauma.
- ✓ Meets state mandates for suicide prevention and mental health professional development.
- ✓ Meets state requirements for bully prevention.
- ✓ Fulfills 21st Century Learning Initiative for Communication, Creativity, Collaboration and Critical Thinking.
- ✓ Relationships, student-teacher connectedness and resiliency are also addressed.
- ✓ Complements Every Students Succeeds Act (ESSA) and ND AdvancEd accreditation process with built-in baseline surveys.
- ✓ Is free for the 2016-2017 school year through a suicide prevention grant from the ND Department of Health. The normal startup cost for a school is \$5,000.
- ✓ Sustaining annual costs are \$500 per school per year.
- ✓ Sustaining costs can be drawn from Title IV, fitting programs for well-rounded students.

Contact Cody Sletten at Sources of Strength with any questions.
701-426-9057 • cody@sourcesofstrength.org • sourcesofstrength.org



Question Persuade Refer (QPR) for Suicide Prevention is a protocol for suicide prevention that helps people to recognize warning signs of suicide crisis and how to question, persuade and refer someone for help.

The protocol teaches “gatekeepers” (those in a position to help), to prevent suicide through hope and action. In this suicide prevention training, participants learn about statistics, learn the QPR protocol and practice the protocol through role play, which gives them a chance to walk/talk through a person’s wish to commit suicide and get them help. Short videos are also used during the presentation to give more insight into the global statistics, the QPR method and why it helps, and also some background on brain disorders that pertain to suicidal thoughts and actions.

QPR is not intended to be a form of counseling or treatment.

QPR is intended to offer hope through positive action.

QPR is intended to teach those who are in a position to recognize the warning signs, clues and suicidal communications of people in trouble to ACT vigorously to prevent a possible tragedy.

Ask a Question, Save a Life

For further information, please contact: Yvonn Weigel-Frank, Certified QPR Gatekeeper Instructor, at RESP, 483-0999.



From the Desk of Jillian Dietzman
ELL Specialist

Tips for Helping ELLs Through Their First Winter

Winter can be filled with excitement as students from warmer climates experience their first snowfall. However, it can also present challenges and hardships for ELL families new to winter weather. While these tips focus on ELL students, the ideas here can be helpful for other families as well, whether they are moving from warmer places or need some extra assistance during the winter months.

Make sure all families have information about school inclement weather policies in a language they can understand.

Talk about what kinds of weather are likely to cause a weather delay or closing, including snow, ice, freezing rain, and freezing temperatures. Ensure that parents understand the difference between a delay, closing, and early release, how busing will be affected during those changes, how the school will communicate this information to parents, and where/how parents can sign up for notifications such as text messages or e-mails on school-related updates and closings.

Encourage families to think about their options for back-up child care or transportation in the event of school delays, closings, or early release.

Understanding how school closings work and doing a little planning can help families prepare more effectively for school closings. This may include asking for help from a neighbor, caretaker, classmate, or relative who can take care of, drop off, or pick up the child depending on the time of day of the schedule change.

Help students and families understand what they need to know about the outside temperature.

What does 12 degrees Fahrenheit mean? What is the difference between 0°F and 0°C? What do "below zero" and "wind chill" mean? Students may not understand just how cold it is as they head to school and may get frostbite while walking or waiting for the bus. Explain where families can check the temperature each morning, keeping in mind that they might not have access to smart phones or the Internet. Parents who are new to winter climates will benefit from reminders on cold weather safety and wellness – tips such as removing cold and wet clothing quickly, making sure children avoid playing near big piles of snow on the street, heating a home safely, waiting a safe distance from the school bus, and the importance of good hygiene during cold season.

Consider starting an emergency clothing/food pantry at the school.

School closings can add extra hardship for children who depend on school meals. Find out if local food banks or community and religious organizations have emergency meals or pantry supplies and make sure parents have that information if there are options available. In addition, weather closings coming at the end of the month may hit families hard who depend on food benefits. There may, however, be some creative ways to help families get the food they need. Some schools keep a closet or small room stocked with emergency food supplies and clothing for families in need.



RESP ELL SERVICES

RESP provides support through training and resources for identification and screening of ELL students. Once identified, the RESP ELL Coordinator collaborates with staff to create an individual language plan for each student and determine best practices of language development to improve students' English language and academic content skills. The RESP ELL Coordinator also assists schools with standardized testing and compliance requirements.



**Identification and
Placement of New
ELL Students**

**Individual
Language Plans**

**Collaboration with
Teachers on ELL
Best Practices**

**Screening and
State Mandated
Testing Services**

**Compliance with
State and Federal
Policies**

**JILLIAN DIETCHMAN
ELL COORDINATOR**

jillian.dietchman@k12.nd.us

Work: 701-483-0999
Cell: 307-359-3433

2016-2017 RESP TLC: TEACHER LEARNING COMMUNITY

Each session will focus on effective instruction, mindset, differentiated instruction, and key subject area standards. There will also be time for sharing of ideas and resources.

Registration: <http://www.resp-k12-education.org/registration.php>

Cost: \$50 per session

Time: 8:30 am – 3:00 pm

Location: DSU Klinefelter Hall Room 106

Name	Date	Day
Pre-School	2/21	Tuesday
Kindergarten	2/9	Thursday
Grade 1	2/7	Tuesday
Grade 2	1/31	Tuesday
Grade 3	1/11	Wednesday
Grade 4	1/30	Monday
Grade 5	9/20	Tuesday
Grade 6	9/13	Tuesday
Art K-12	1/26	Thursday
Business Tech/Computer Science 7-12	2/8	Wednesday
Counselors/ Career Advisors K-12	1/12	Thursday
English 7-12	1/10	Tuesday
Family & Consumer Science 7-12	3/7	Tuesday
Librarians K-12	3/8	Wednesday
Math 7-12	1/5	Thursday
Music K-12	9/15	Thursday
Physical Education K-12	2/22	Wednesday
Science 7-12	10/25	Tuesday
Social Studies 7-12	11/3	Thursday
Title I - Interventionist - Special Education K-12	11/2	Wednesday
Vo Ag 7-12	2/28	Tuesday

16-17 PRINCIPAL LEARNING COMMUNITY

ORGANIZER	RESP	<p>The Principal Learning Community will focus on Data-Driven Instruction, School Culture and Climate, Leadership, Mindset, and the Observation and Feedback Cycle.</p> <p>Time will also be devoted to sharing of ideas and resources.</p> <p>A minimum of 7 registered participants are needed for each session.</p> <p>To register for a session, go to http://www.resp-k12-education.org/registration.php</p>
COST	\$50	
TIME	8:30 AM - 12:30 PM	
REGISTRATION	OPENS 8/24	
LOCATION	DSU KLINEFELTER HALL ROOM 106	

ELEMENTARY PLC	DAY	HIGH SCHOOL PLC	DAY
9.27.2016	Tuesday	9.28.2016	Wednesday
11.8.2016	Tuesday	11.9.2016	Wednesday
1.24.2017	Tuesday	1.25.2017	Wednesday
4.4.2017	Tuesday	4.5.2017	Wednesday

SEPTEMBER	OCTOBER	NOVEMBER	DECEMBER	JANUARY	FEBRUARY
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MARCH	APRIL	MAY	JUNE	JULY	AUGUST
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Mindset Workshop with Dr. Rod Jonas

January 16, 2017

Join us for an enlightening Mindset Workshop with Presenter, Dr. Rod Jonas.

Dr. Jonas has spent the past 17 years preparing students to become licensed teachers and is currently a Professor and Dean of the Liffrog Family School of Education and Behavioral Sciences at the University of Mary.

Session #1: Why is a Growth Mindset so Important? (8:30AM-11:30AM)

This presentation will focus on the value of helping students develop a growth mindset.

The greatest gift we can give our students is to help them understand the value of embracing life's struggles and failures. This session will allow participants to work on integrating growth-mindset principles into his/her school's culture.



Session #2: How to Help Students Develop a Growth Mindset (12:30PM-2:30PM)

This presentation will provide teachers and school administrators with ideas of how to help students develop the skills needed to move from a fixed-mindset to a growth-mindset.

Student's achievement is not based solely on students' talents or abilities, but is fueled primarily by students' hard work and resilience. This session will allow participants to work on developing strategies that can be used to help students in their schools develop a growth-mindset.

Location: DSU Student Center Ballroom

Time: 8AM Registration-2:30PM

Cost: \$50 member schools

\$100 non-member schools

(Includes lunch - 11:30AM-12:30PM)

No Refunds

Made possible by Succeed 2020 and DPI Professional Development Grant Funding.

RESP

Roughrider
Education
Services
Program

SUCCEED2020
ND Education and Workforce Initiative

Modern Grading Practices & Building Student Perseverance & Self-Discipline

Presented by: Rick Wormeli

Date: June 8 & 9, 2016

Location: DSU Student Center Ballroom

Time: 8:30AM^{MST} Registration (both days)
9AM-4PM^{MST} (both days)

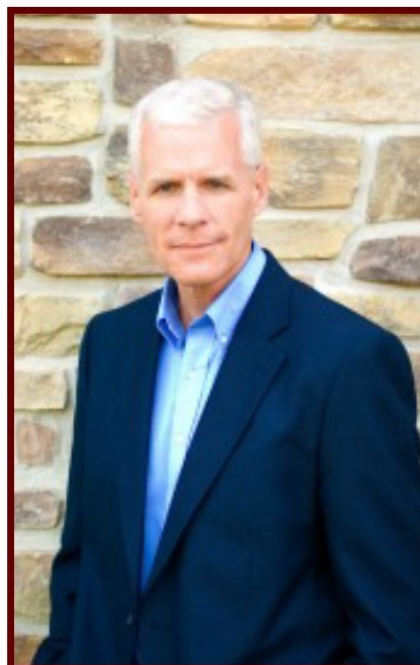
To Register

www.escweb.net/nd_resp/catalog/session.aspx?session_id=34581

Cost

-\$150/person (includes meals & beverages). No refunds. \$300 for non-members.

-Continuing Education Credit (1) will be available through DSU for \$50/person (must attend both days).



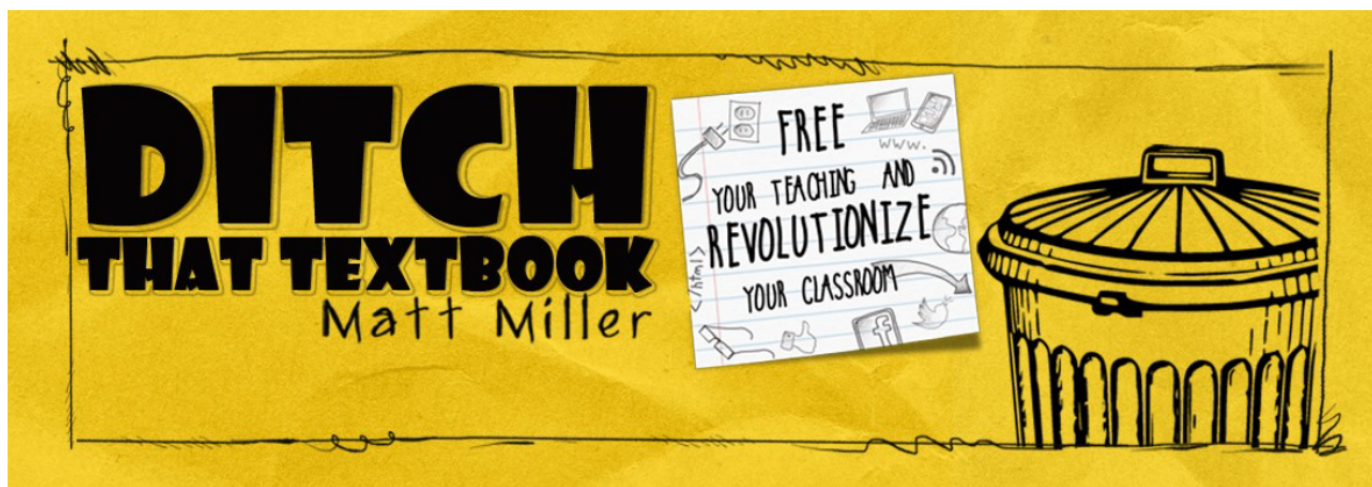
Join us for a compelling two-day seminar that explores the intersection of modern grading practices and teaching students tenacity and responsibility. We'll explore the burning issues of grading, including: re-do's/re-takes, averaging or not, formative/summative/common/alternative assessments, descriptive feedback, marking homework, gradebooks/report cards, evidence of mastery, zeroes on the 100-point scale, extra credit, grading special education students in the regular education classroom, and much more.

Plus, we'll look at how to help students find the reserves to stick with projects and tasks, be they physical or intellectual. We can't motivate students, as that comes from within them, but we **can** create an environment in which they want to invest time and energy dedicated to learning. We'll understand that there is no such thing as laziness; our students want to do demanding, complex learning, and they want to persevere! This generation is more than ready for what it takes to make the world their own. **Let's light this rocket!**

Reserve your spot today to ensure attending this great workshop!



Made possible by Succeed 2020 Initiative and DPI Professional Development Grant Funding.



Practice DITCHing your Textbook with Matt Miller

Teachers are no longer the gatekeepers to education. With ubiquitous information available from Google searches, YouTube videos and social media, how do we as educators navigate the new landscape?

It's time to "Ditch That Textbook," engaging students in digital spaces and rethinking our "textbook" beliefs about education. You'll leave this session with lots of practical, "use in class tomorrow" ideas for using technology in the classroom. You'll also be inspired and equipped to provide the most relevant education possible for your students. Thorough digital handouts save links to all your valuable content in one place to refer back to later. Be sure to bring a laptop, Chromebook or tablet to get the most out of this workshop!

Date: July 25 & 26, 2016

Location: DSU Student Center Ballroom

Time: 8:30AM_{MST} Registration (both days), 9AM-4PM_{MST} (both days)

To Register: www.escweb.net/nd_resp/catalog/session.aspx?session_id=34447

Cost: \$150/person (includes meals & beverages). No refunds.

\$300 for non-members.

-Continuing Education Credit (1) will be available through DSU for \$50/person (must attend both days).

If you have any questions, please contact RESP at 701.483.0999.

RESP Events

Please visit our website at:
www.resp-k12-education.org to view up-coming RESP Events.

We continue to update our website, periodically. If you have suggestions for inclusion, let us know!



Please forward this newsletter onto staff & school board members.

If you have any questions regarding an item discussed in this issue, please contact our office at: 701.483.0999, M-F from 8AM - 4PM_{MST}.