

# RESP

**Roughrider  
Education  
Services  
Program**



## April Newsletter

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## Greetings from Director Riley Mattson

The school year continues to move along very quickly and RESP continues to provide our school districts with a variety of educational opportunities. Please take a close look at the upcoming summer events and we highly encourage you to attend any of the upcoming events listed below that work in to your busy schedule.

### Summer Learning Opportunities

RESP will be hosting the following Professional Development opportunities:

- ***Modern Grading Practices & Building Student Perseverance & Self-Discipline by Rick Wormeli***

June 8 & 9, 2017 at Dickinson State University. Join us for a compelling two-day seminar that explores the intersection of modern grading practices and teaching students tenacity and responsibility. We'll explore the burning issues of grading, including: re-do's/re-takes, averaging or not, formative/summative/common/alternative assessments, descriptive feedback, marking homework, gradebooks/report cards, evidence of mastery, zeroes on the 100-point scale, extra credit, grading special education students in the regular education classroom, and much more.

Plus, we'll look at how to help students find the reserves to stick with projects and tasks, be they physical or intellectual. We can't motivate students, as that comes from within them, but we **CAN** create an environment in which they want to invest time and energy dedicated to learning. We'll understand that there is no such thing as laziness; our students want to do demanding, complex learning, and they want to persevere! This generation is more than ready for what it takes to make the world their own. **Let's light this rocket!**

**Location:** DSU Student Center Ballroom

**Time:** 8:30AM MST Registration (both days), 9:00AM-4:30PM MST (both days)

**To Register:** [www.escweb.net/nd\\_resp/catalog/session.aspx?session\\_id=34581](http://www.escweb.net/nd_resp/catalog/session.aspx?session_id=34581)

**Cost:** \$150/person (includes meals and beverages). No refunds. \$300 for non-members

Continuing Education Credit (1) will be available through DSU for \$50/person (must attend both days)

**(We currently have 52 Registered for this event!!)**

- ***Practice DITCHing your Textbook with Matt Miller*** – July 25 & 26, 2017 at Dickinson State University

**(Open to 100 participants)**

Teachers are no longer the gatekeepers to education. With ubiquitous information available from Google searches, YouTube videos and social media, how do we as educators navigate the new landscape?

It's time to "Ditch That Textbook," engaging students in digital spaces and rethinking our "textbook" beliefs about education. You'll leave this session with lots of practical, "use in class tomorrow" ideas for using technology in the classroom.

*Continued on Page 2...*

## Greetings from Director Riley Mattson Continued

...Continued from Page 1

You'll also be inspired and equipped to provide the most relevant education possible for your students. Thorough digital handouts save links to all your valuable content in one place to refer back to later. Be sure to bring a laptop, Chromebook or tablet to get the most out of this workshop!

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**Cost:** \$150/person (includes meals & beverages). No refunds. \$300 for non-members

Continuing Education Credit (1) will be available through DSU for \$50/person (must attend both days)

**(We currently have 12 Registered for this event!!)**

- **Pathways to Reading (PTR)**

Level 1 Training for Kindergarten Teachers June 12-16, 2017 (DSU Student Center Ballroom)

Level 1 Training for Grades 1 -2 & up Teachers June 19-23, 2017 (DSU Student Center Ballroom)

Level 2 Training for Teachers in all grades June 26-28, 2017

Pathways to Reading is a Teacher Professional Development Training Program and Reading Curriculum for beginning readers in grades K-2 and struggling readers in upper grades. The reading curriculum is comprehensive including manuals, lesson plans, assessments, and small group and large group instructional strategies.

The primary focus of PTR is to help teachers understand, and apply in the classroom, the five scientifically validated core components of the reading process. The five core components are:

\*Phonemic Awareness

\*Phonics

\*Fluency

\*Vocabulary

\*Comprehension

**Location:** DSU Student Center Ballroom

**Time:** 8:30AM MST Registration (All Days) 9:00-4:00PM MST (All Days)

**Registration for Level 1 Kindergarten Teachers June 12-16, 2017:** <http://tinyurl.com/ptr17y1>

**Registration for Level 1 Grade 1-2 & Up Teachers June 19-23, 2017:** <http://tinyurl.com/ptr17y1>

**Registration for Level 2 Training for Teachers in all grades June 26-28, 2017:** [www.tinyurl.com/2017Y2PTR](http://www.tinyurl.com/2017Y2PTR)

Please contact Denise Soehren or Sarah McFadden, our Professional Development Specialists at 701-483-0999 or e-mail them at [Denise.Soehren@k12.nd.us](mailto:Denise.Soehren@k12.nd.us) or [Sarah.McFadden@k12.nd.us](mailto:Sarah.McFadden@k12.nd.us) with any questions. Please take the time to check in occasionally to visit our website and check out upcoming educational opportunities for staff and administrators that are being offered in the southwest and throughout the state. Our website address is [www.resp-k12-education.org](http://www.resp-k12-education.org) to register for professional development opportunities.

## Succeed 2020 College & Career Readiness

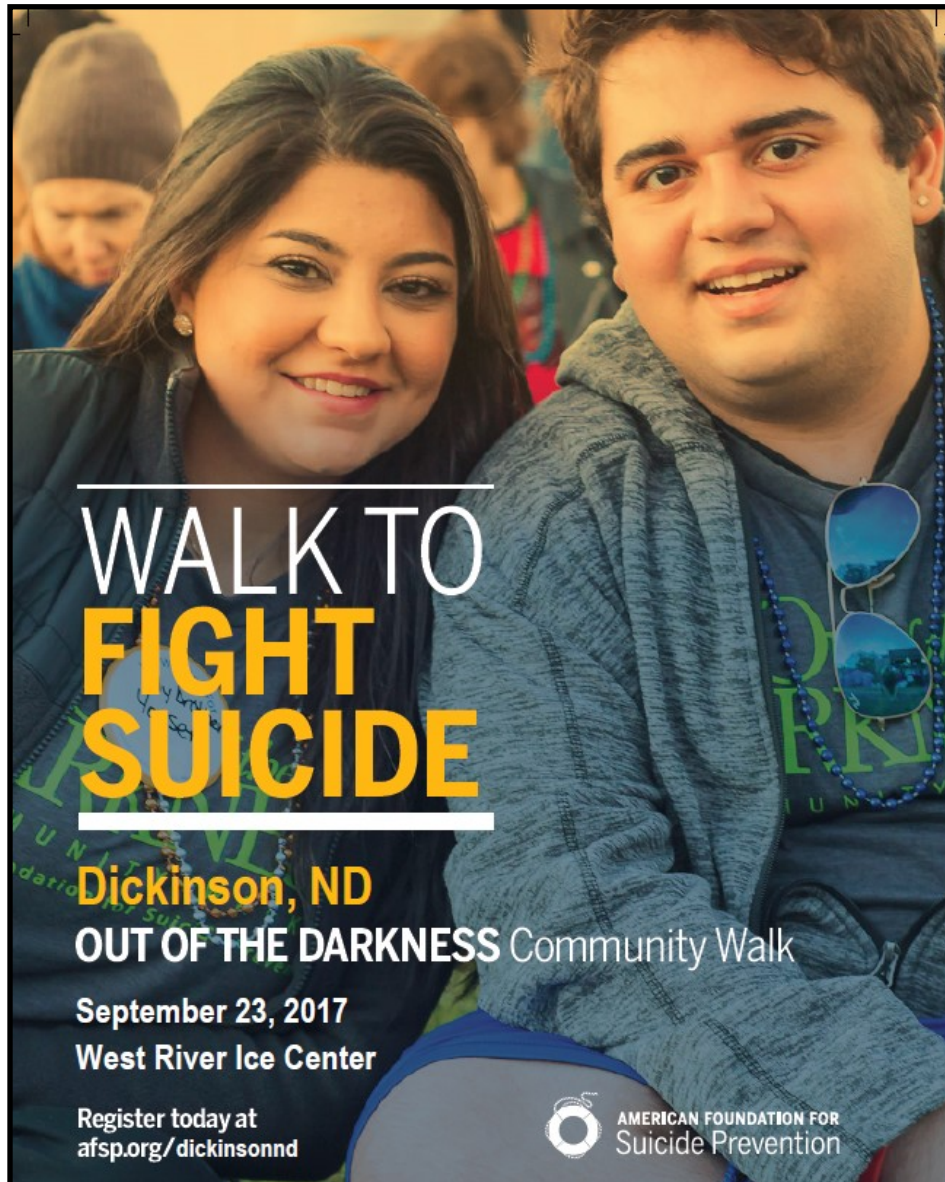
Discovery Day e-mails were sent out school counselors. Please review and respond to [wendy.moyryla@k12.nd.us](mailto:wendy.moyryla@k12.nd.us) by April 12, 2017 with the following items: 1. If your school plans on attending. 2. Number of students attending and grade level.

Thank you for your help!

**"PASSION is the difference between having a job and having a career."**

**Suicide Prevention News — *Ask a Question, Save a Life***

Let's all spread hope, help and strength.



Community members are working closely with the American Foundation for Suicide Prevention (AFSP) to organize an **Out of the Darkness Walk** to be held on **Saturday, September 23, 2017** at the **West River Ice Center**.

Our next **meeting** is scheduled for **May 4, 2017 from 6-8pm at La Quinta** in Dickinson.

RESP and the North Dakota Suicide Prevention Coalition work hard to communicate there is HOPE for anyone considering suicide. Let's keep this going! One life lost is too many!

**Ask a Question, Safe a Life.**

## *From the Desk of Jillian Dietzman*

### ELL Specialist

In today's digitalized world, learning apps are a great way to enhance student learning in and out of the classroom. For ELL students, these apps can provide translations, visuals, audio and connections we can't always provide in classrooms. Learning apps are also a great way for ELL students to work on their English skills at home, especially if they are living in a non-English speaking home. Here are some of my favorites to check out:



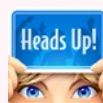
**Duolingo** - Many people all over the world use Duolingo for independent language instruction, and you can definitely use it for ESL teaching as well. The English learning version of Duolingo has lessons that integrate conversation, vocabulary, speaking and listening skills. At the end of each section, the user is tested on their skills, and then the results show what parts the user is excelling in and where they could use more practice.



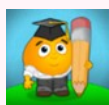
**Fluent U** - FluentU takes **real-world videos**—like music videos, commercials, news, cartoons and inspiring talks—and turns them into English learning experiences. Unlike traditional apps, FluentU uses a natural approach that helps you ease your students into English language and culture over time. They'll learn English as it's spoken in real life.



**Phonetics Focus** - This interactive app helps users work on their English pronunciation. There are quizzes, flashcards, and native-speaker audio to help students of English learn phonetics quickly and accurately.



**Heads Up!** - Although this isn't exclusively an ESL app, it can be used effectively in your ESL classroom. In this game, one person has a word that they are trying to guess by listening to the other students describe it. This game helps students build speaking confidence and encourages them to use adjectives, synonyms and antonyms. It's guaranteed to get the giggles going while students are practicing their vocabulary.



**Fun English** - In this app there are over ten different English learning games that help young English learners with everything from pronunciation to spelling to vocabulary. This app helps kids retain the information they've learned in a fun way, and also works well as an incentive for young English learners to get their work done.



**Learn English** - "Learn English" contains over 800 commonly-used English phrases and vocabulary for beginners. Using this app, you can learn from an English speaking parrot. The parrot works together with you to practice your speaking and listening skills, wherever and whenever you are.



**Supiki English Conversation Speaking Practice** - Supiki English Conversation Speaking Practice has been proven multiple times to help users increase their fluency and refine their skillset related to the English language. The app differentiates itself from others by being able to actually talk back to the user.



**Kidioms** - Kidioms is the perfect way to help children understand idioms, especially those learning English as a second language. It breaks down the vocabulary into useful categories that many will find helpful, including by grade level.



**Google Translate** - Google Translate is the world-renowned app for translating a multitude of languages easily and effectively. Additionally, it is capable of having spoken translations read aloud.



# SOURCES OF STRENGTH

## A Year in Review

Sources of Strength continued to experience growth as we closed out 2016.

We now have 450+ teams in 5 countries, 26 US states, 3 Canadian Provinces and 12 First Nation communities.

After 5 Train the Trainer events in 2016, we now have 400+ Trainers and Provisional Trainers, supporting local teams and their efforts.



## Idaho Lives

We received this email from a parent in Idaho.

*"I don't know if I could have handled all of the stress that goes along with [my daughter's mental health struggles] if I had not been involved in your training. I used everything. And, I've been able to be so much more helpful to other parents and - hopefully - their precious sons and daughter who are suffering... Your work and this program truly have saved lives. Thank you."*

We are grateful to hear stories about Peer Leaders AND their parents tapping into their strengths as they navigate the ups and downs of life.



## Prevention Resources

Sources of Strength is proud to be highlighted as a best practice Suicide Prevention Program in the new technical package released by the Center for Disease Control and Prevention (CDC).

Preventing Suicide: A Technical Package of Policy, Programs, and Practices can help communities in their planning and implementation of suicide prevention programming.

A technical package is a collection of strategies that represents the best available evidence to prevent or reduce public health problems like suicide.



## Our Mission

**Child Trends improves the lives and prospects of children and youth by conducting high-quality research and sharing the resulting knowledge with practitioners and policymakers.**



## Child Well-Being

### Defining and measuring "flourishing"

Early investments in positive child development can reap lasting rewards. But for programs and policies to enable flourishing, we must be able to define, measure, and monitor it.

This brief, from Child Trends and The Child and Adolescent Health Measurement Initiative at the Johns Hopkins Bloomberg School of Public Health, offers a model for defining and achieving flourishing, and identifies risk and protective factors.

For more information please use the following link:

[www.childtrends.org/](http://www.childtrends.org/)





# SOURCES OF STRENGTH

## NORTH DAKOTA 2016-2017 SCHOOL PREVENTION CAMPAIGN

In collaboration with:



**TITLE IV**  
**WELL ROUNDED STUDENTS**



## ABOUT SOURCES OF STRENGTH

- ✓ An international wellness and strength-based program that uses peer leaders to change social norms and school climate.
- ✓ Is the most heavily researched peer leader program in the world.
- ✓ Is on SAMHSA's National Registry of Evidence Based Programs & Practices (NREPP), the highest prevention standard in the US.
- ✓ Spreads strength-based safe messaging through guided campaigns that focus on hope, help and strength; not sadness, shock or trauma.
- ✓ Meets state mandates for suicide prevention and mental health professional development.
- ✓ Meets state requirements for bully prevention.
- ✓ Fulfills 21st Century Learning Initiative for Communication, Creativity, Collaboration and Critical Thinking.
- ✓ Relationships, student-teacher connectedness and resiliency are also addressed.
- ✓ Complements Every Students Succeeds Act (ESSA) and ND AdvancEd accreditation process with built-in baseline surveys.
- ✓ Is free for the 2016-2017 school year through a suicide prevention grant from the ND Department of Health. The normal startup cost for a school is \$5,000.
- ✓ Sustaining annual costs are \$500 per school per year.
- ✓ Sustaining costs can be drawn from Title IV, fitting programs for well-rounded students.

Contact Cody Sletten at Sources of Strength with any questions.  
701-426-9057 • [cody@sourcesofstrength.org](mailto:cody@sourcesofstrength.org) • [sourcesofstrength.org](http://sourcesofstrength.org)



**Question Persuade Refer (QPR) for Suicide Prevention** is a protocol for suicide prevention that helps people to recognize warning signs of suicide crisis and how to question, persuade and refer someone for help.

The protocol teaches “gatekeepers” (those in a position to help), to prevent suicide through hope and action. In this suicide prevention training, participants learn about statistics, learn the QPR protocol and practice the protocol through role play, which gives them a chance to walk/talk through a person’s wish to commit suicide and get them help. Short videos are also used during the presentation to give more insight into the global statistics, the QPR method and why it helps, and also some background on brain disorders that pertain to suicidal thoughts and actions.

**QPR** is not intended to be a form of counseling or treatment.

**QPR** is intended to offer hope through positive action.

**QPR** is intended to teach those who are in a position to recognize the warning signs, clues and suicidal communications of people in trouble to ACT vigorously to prevent a possible tragedy.

## Ask a Question, Save a Life

For further information, please contact: Yvonn Weigel-Frank, Certified QPR Gatekeeper Instructor, at RESP, 483-0999.





# RESP ELL SERVICES

RESP provides support through training and resources for identification and screening of ELL students. Once identified, the RESP ELL Coordinator collaborates with staff to create an individual language plan for each student and determine best practices of language development to improve students' English language and academic content skills. The RESP ELL Coordinator also assists schools with standardized testing and compliance requirements.



**Identification and  
Placement of New  
ELL Students**

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**Individual  
Language Plans**

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**Collaboration with  
Teachers on ELL  
Best Practices**

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**Screening and  
State Mandated  
Testing Services**

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**Compliance with  
State and Federal  
Policies**

**JILLIAN DIETCHMAN  
ELL COORDINATOR**

jillian.dietchman@k12.nd.us

Work: 701-483-0999  
Cell: 307-359-3433

# Modern Grading Practices & Building Student Perseverance & Self-Discipline

***Presented by: Rick Wormeli***

**Date:** June 8 & 9, 2017  
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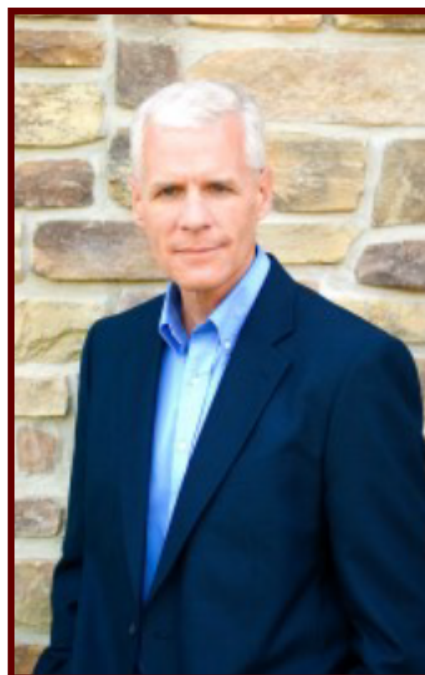
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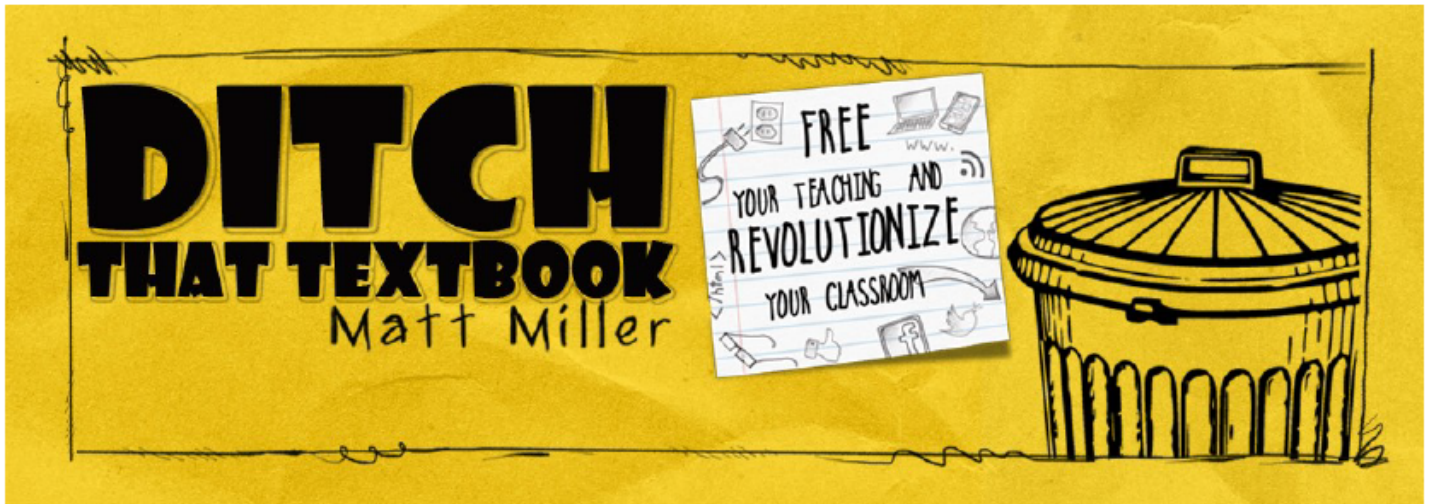
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***Reserve your spot today to  
ensure attending this great workshop!***



Made possible by Succeed 2020 Initiative and DPI Professional Development Grant Funding.



# Practice DITCHing your Textbook with Matt Miller

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Made possible by Succeed 2020 and DPI Professional Development Grant Funding.

**RESP** Roughrider Education Services Program **SUCCEED2020** ND Education and Workforce Initiative



## RESP Events

Please visit our website at:  
[www.resp-k12-education.org](http://www.resp-k12-education.org) to view up-  
coming RESP Events.

We continue to update our website, periodi-  
cally. If you have suggestions for inclusion,  
let us know!



Please forward this newsletter onto staff & school board members.

If you have any questions regarding an item discussed in this issue, please contact our office at: 701.483.0999, M-F from 8AM - 4PM<sub>MST</sub>.