



# Dr. Kathy Perez

## 2019 Summer Conference

### Date

June 11-12, 2019

### Location

New Dickinson Middle School  
2675 21st St W

### Time

8AM Registration  
8:30AM– 4:30PM (both days)

### Cost

\$150, lunch on own

### Credit

1 Graduate credit (must attend both days)



### Day 1

**Motivating Reluctant Learners! Fostering a Growth Mindset.** In this interactive session, you'll explore what motivates students to achieve success in the classroom. Dr. Perez will share multiple ways to increase student productivity and build confidence in all of your learners. Learn strategies to help your students appreciate the relevance of what they learn in school to the real world!

### Day 2

**Creating a Mindful Environment for ALL Students to Learn: from stress to success!** Now more than ever, teaching mindfulness in the classroom is a necessity. Our students are stressed and anxious. Teachers and parents are stressed and anxious, too. Press the "pause button". We need mindfulness because it teaches us to live in the present moment, enjoying and experiencing what's in front of us. Come to this session to discover and explore innovative and motivational opportunities for students to practice and extend their skills while facilitating independent learning.

