



In this Issue

Page 1	Greetings from Director Riley Mattson
Page 2	Greetings from Director Riley Mattson Continued College & Career Readiness
Page 3	Greetings from Yvonn Weigel-Frank Contact RESP
Page 4	From the Desk of Jillian Dietchman
Page 5	Suicide Prevention News
Page 6	13 Reasons Why Talking Points
Page 7	Out of the Darkness Walk
Page 8	Sources of Strength Flyer
Page 9	Sources of Strength
Page 10	QPR
Page 11	ELL Flyer
Page 12	Modern Grading Practices with Rick Wormeli
Page 13	Practice DITCHing your Textbook with Matt Miller

Greetings from Director Riley Mattson

Summer Learning Opportunities

RESP will be hosting the following Professional Development opportunities:

- **Modern Grading Practices & Building Student Perseverance & Self-Discipline by Rick Wormeli**

June 8 & 9, 2017 at Dickinson State University. Join us for a compelling two-day seminar that explores the intersection of modern grading practices and teaching students tenacity and responsibility. We'll explore the burning issues of grading, including: re-do's/re-takes, averaging or not, formative/summative/common/alternative assessments, descriptive feedback, marking homework, gradebooks/report cards, evidence of mastery, zeroes on the 100-point scale, extra credit, grading special education students in the regular education classroom, and much more.

Plus, we'll look at how to help students find the reserves to stick with projects and tasks, be they physical or intellectual. We can't motivate students, as that comes from within them, but we **CAN** create an environment in which they want to invest time and energy dedicated to learning. We'll understand that there is no such thing as laziness; our students want to do demanding, complex learning, and they want to persevere! This generation is more than ready for what it takes to make the world their own. **Let's light this rocket!**

Location: DSU Student Center Ballroom

Time: 8:30AM MST Registration (both days), 9:00AM-4:30PM MST (both days)

To Register: www.escweb.net/nd_resp/catalog/session.aspx?session_id=34581

Cost: \$150/person (includes meals and beverages). No refunds. \$300 for non-members

Continuing Education Credit (1) will be available through DSU for \$50/person (must attend both days)

(We currently have 114 Registered for this event!!)

- **Practice DITCHing your Textbook with Matt Miller – July 25 & 26, 2017 at Dickinson State University**

(Open to 100 participants)

Teachers are no longer the gatekeepers to education. With ubiquitous information available from Google searches, YouTube videos and social media, how do we as educators navigate the new landscape?

It's time to "Ditch That Textbook," engaging students in digital spaces and rethinking our "textbook" beliefs about education. You'll leave this session with lots of practical, "use in class tomorrow" ideas for using technology in the classroom.

Continued on Page 2...

Greetings from Director Riley Mattson Continued

...Continued from Page 1

You'll also be inspired and equipped to provide the most relevant education possible for your students. Thorough digital handouts save links to all your valuable content in one place to refer back to later. Be sure to bring a laptop, Chromebook or tablet to get the most out of this workshop!

Location: DSU Student Center Ballroom

Time: 8:30AM MST Registration (both days), 9:00AM-4:30PM MST (both days)

To Register: www.escweb.net/nd_resp/catalog/session.aspx?session_id=34447

Cost: \$150/person (includes meals & beverages). No refunds. \$300 for non-members

Continuing Education Credit (1) will be available through DSU for \$50/person (must attend both days)

(We currently have 32 Registered for this event!!)

- **Pathways to Reading (PTR)**

Level 1 Training for Kindergarten Teachers June 12-16, 2017 (DSU Student Center Ballroom)

Level 1 Training for Grades 1 -2 & up Teachers June 19-23, 2017 (DSU Student Center Ballroom)

Level 2 Training for Teachers in all grades June 26-28, 2017

Pathways to Reading is a Teacher Professional Development Training Program and Reading Curriculum for beginning readers in grades K-2 and struggling readers in upper grades. The reading curriculum is comprehensive including manuals, lesson plans, assessments, and small group and large group instructional strategies.

The primary focus of PTR is to help teachers understand, and apply in the classroom, the five scientifically validated core components of the reading process. The five core components are:

*Phonemic Awareness

*Phonics

*Fluency

*Vocabulary

*Comprehension

Location: DSU Student Center Ballroom

Time: 8:30AM MST Registration (All Days) 9:00-4:00PM MST (All Days)

Registration for Level 1 Kindergarten Teachers June 12-16, 2017: <http://tinyurl.com/ptr17y1>

Registration for Level 1 Grade 1-2 & Up Teachers June 19-23, 2017: <http://tinyurl.com/ptr17y1>

Registration for Level 2 Training for Teachers in all grades June 26-28, 2017: www.tinyurl.com/2017Y2PTR

Please contact Denise Soehren or Sarah McFadden, our Professional Development Specialists at 701-483-0999 or e-mail them at Denise.Soehren@k12.nd.us or Sarah.McFadden@k12.nd.us with any questions. Please take the time to check in occasionally to visit our website and check out upcoming educational opportunities for staff and administrators that are being offered in the southwest and throughout the state. Our website address is www.resp-k12-education.org. to register for professional development opportunities.

Succeed 2020 College & Career Readiness

Thank you to all the schools, counselors, students and businesses who participated in Career Expo (March 2017) and Discovery Day (May 2017)!! Students in Grades 8-12 interacted with local businesses at both events to discover new career options. At this time we do not have all the data gathered from both events. Once it is compiled we will share out the data.

“PASSION is the difference between having a job and having a career.”

From the Desk of Yvonn Weigel-Frank

Succeed 2020 Project Director

Summer months usually offer a little bit of down time and reflection for Succeed 2020, but this year we are in full swing with a convening May 17 and 18 to plan for our end-of-grant showcase and Gallery Walk scheduled for October in Bismarck. We are excited about this, but also have the realization that much brainstorming and creativity will be taking place before we see the results of our labor!

We continue to move forward with our efforts to become a sustainable entity and so we are very involved with training in various areas.

I hope you are sliding into the summer with ease!

Joyfully,

Yvonn

RESP Events

Please visit our website at:
www.resp-k12-education.org to view
upcoming RESP Events.

We continue to update our website, periodically. If you have suggestions for in-



Please forward this newsletter onto staff & school board members.

If you have any questions regarding an item discussed in this issue, please contact our office at: 701.483.0999, M-F from 8AM - 4PM_{MST}.

From the Desk of Jillian Dietchman
ELL Specialist



ELL Resources for the Classroom

Date: May 16, 2017

Location: DSU Klinefelter # 107

Time: 9am-3pm

This workshop will dig into available resources for ELL students as well as teacher resources to help more effectively teacher ELL students. This workshop will also discuss available funding to purchase resources to learn about resources that will enhance learning for ELL students in the next school year. Classroom teachers, ELL teachers and Administrators are all welcome.

This Workshop is funded through Title III funds and therefore there is no cost to attend.

Suicide Prevention News — *Ask a Question, Save a Life*

Let's all spread hope, help and strength.

"The movie, *13 Reasons Why*, dramatizes the bullying, substance abuse, sexual abuse and eventual death by suicide of a high school student. The show also depicts a school counselor as out-of-touch and ineffective, identifying him as one of the 13 reasons why the protagonist, Hannah Baker, takes her life. The gripping drama is grabbing a lot of attention, but it is the epitome of sad, shock, trauma messaging.

While we are not advocating that you watch the show to see what the hype is about, chances are your students are watching it, so you can use the show as an opportunity to have conversations about the messaging in the show, and what alternative narratives could be promoted in your school and community. We strongly discourage sharing the show with students, however we want you to be prepared to discuss it with them if it comes up.

We want to point you towards a resource that the JED Foundation, the nation's leading organization dedicated to young adult mental health, created. This one page guide offers some talking points and tips for discussing the show with the young people in your circles (see the following *Talking Points and Tips for Discussing "13 Reasons Why"*).

Suicide isn't the ultimate revenge on those who have hurt you; it hurts those who love you. Surviving and thriving is a remedy more effective than revenge.

Reaching out for help is a sign of bravery, and not a sign of weakness. And if the people you ask for help, don't respond - ask again, and ASK LOUDLY!

Suicide is not inevitable. Treatment works. People do get the help they need.

We are inspired by the work you are doing in your schools and communities. Thank you for the ways that you show up for the students in your life. Your investment is invaluable.

Hope. Help. Strength.

The Team at Sources"

Ask a Question, Safe a Life.

13 REASONS WHY TALKING POINTS

- 13 Reasons Why is a fictional story based on a widely known novel and is meant to be a cautionary tale.
- You may have similar experiences and thoughts as some of the characters in 13RW. People often identify with characters they see on TV or in movies. However, it is important to remember that there are healthy ways to cope with the topics covered in 13RW and acting on suicidal thoughts is not one of them.
- If you have watched the show and feel like you need support or someone to talk to reach out. Talk with a friend, family member, a counselor, or therapist. There is always someone who will listen.
- Suicide is not a common response to life's challenges or adversity. The vast majority of people who experience bullying, the death of a friend, or any other adversity described in 13RW do not die by suicide. In fact, most reach out, talk to others and seek help or find other productive ways of coping. They go on to lead healthy, normal lives.
- Suicide is never a heroic or romantic act. Hannah's suicide (although fictional) is a cautionary tale, not meant to appear heroic and should be viewed as a tragedy.
- It is important to know that, in spite of the portrayal of a serious treatment failure in 13RW, there are many treatment options for life challenges, distress and mental illness. Treatment works.
- Suicide affects everyone and everyone can do something to help if they see or hear warning signs that someone is at risk of suicide.
- Talking openly and honestly about emotional distress and suicide is ok. It will not make someone more suicidal or put the idea of suicide in their mind. If you are concerned about someone, ask them about it.
- Knowing how to acknowledge and respond to someone who shares their thoughts of emotional distress or suicide with you is important. Don't judge them or their thoughts. Listen. Be caring and kind. Offer to stay with them. Offer to go with them to get help or to contact a crisis line.
- How the guidance counselor in 13RW responds to Hannah's thoughts of suicide is not appropriate and not typical of most counselors. School counselors are professionals and a trustworthy source for help. If your experience with a school counselor is unhelpful, seek other sources of support such as a crisis line.
- While not everyone will know what to say or have a helpful reaction, there are people who do, so keep trying to find someone who will help you. If someone tells you they are suicidal, take them seriously and get help.
- When you die you do not get to make a movie or talk to people any more. Leaving messages from beyond the grave is a dramatization produced in Hollywood and is not possible in real life.
- Memorializing someone who died by suicide is not a recommended practice. Decorating someone's locker who died by suicide and/or taking selfies in front of such a memorial is not appropriate and does not honor the life of the person who died by suicide.
- Hannah's tapes blame others for her suicide. Suicide is never the fault of survivors of suicide loss. There are resources and support groups for suicide loss survivors.

If you're struggling with thoughts of suicide...

- Text "START" to 741741
- Call 1-800-273-TALK (8255)

Talking points by:



Out of the
DARKNESSSM
COMMUNITY WALKS



AMERICAN FOUNDATION FOR
Suicide Prevention

**WALK TO
FIGHT
SUICIDE**

Dickinson, ND
OUT OF THE DARKNESS Community Walk

September 23, 2017
West River Ice Center

Register today at
afsp.org/dickinsonnd

 AMERICAN FOUNDATION FOR
Suicide Prevention

We are kicking off our 2017 Out of the Darkness Dickinson Community Walk with big plans and plenty of energy, but we need **YOU** to ensure our success. Please note that this walk is for surrounding communities, too, and it will be held at the West River Ice Center on September 23!

Follow these quick steps to start your own fundraising page and share the invitation with at least one new friend!

Register for the Dickinson Community Walk today! Click the link below to take advantage of fast pass registration and you'll be registered in just a few short clicks.

Register today - Suicide prevention starts with everyday heroes like you!

American Foundation for Suicide Prevention

P.S. Don't forget to log in to **Walker Central** for exclusive resources to help you reach your goal.

Community members are working closely with the American Foundation for Suicide Prevention (AFSP) to organize an **Out of the Darkness Walk** to be held on **Saturday, September 23, 2017** at the **West River Ice Center**.

Our next **meeting** is scheduled for **May 4, 2017 from 6-8pm at La Quinta** in Dickinson.

RESP and the North Dakota Suicide Prevention Coalition work hard to communicate there is HOPE for anyone considering suicide. Let's keep this going! One life lost is too many!

SOURCES OF STRENGTH

A Year in Review

Sources of Strength continued to experience growth as we closed out 2016.

We now have 450+ teams in 5 countries, 26 US states, 3 Canadian Provinces and 12 First Nation communities.

After 5 Train the Trainer events in 2016, we now have 400+ Trainers and Provisional Trainers, supporting local teams and their efforts.



Idaho Lives

We received this email from a parent in Idaho.

"I don't know if I could have handled all of the stress that goes along with [my daughter's mental health struggles] if I had not been involved in your training. I used everything. And, I've been able to be so much more helpful to other parents and - hopefully - their precious sons and daughter who are suffering... Your work and this program truly have saved lives. Thank you."

We are grateful to hear stories about Peer Leaders AND their parents tapping into their strengths as they navigate the ups and downs of life.



Prevention Resources

Sources of Strength is proud to be highlighted as a best practice Suicide Prevention Program in the new technical package released by the Center for Disease Control and Prevention (CDC).

Preventing Suicide: A Technical Package of Policy, Programs, and Practices can help communities in their planning and implementation of suicide prevention programming.

A technical package is a collection of strategies that represents the best available evidence to prevent or reduce public health problems like suicide.

SOURCES OF STRENGTH

NORTH DAKOTA 2016-2017 SCHOOL PREVENTION CAMPAIGN

In collaboration with:



ABOUT SOURCES OF STRENGTH

- ✓ An international wellness and strength-based program that uses peer leaders to change social norms and school climate.
- ✓ Is the most heavily researched peer leader program in the world.
- ✓ Is on SAMHSA's National Registry of Evidence Based Programs & Practices (NREPP), the highest prevention standard in the US.
- ✓ Spreads strength-based safe messaging through guided campaigns that focus on hope, help and strength; not sadness, shock or trauma.
- ✓ Meets state mandates for suicide prevention and mental health professional development.
- ✓ Meets state requirements for bully prevention.
- ✓ Fulfills 21st Century Learning Initiative for Communication, Creativity, Collaboration and Critical Thinking.
- ✓ Relationships, student-teacher connectedness and resiliency are also addressed.
- ✓ Complements Every Students Succeeds Act (ESSA) and ND AdvancEd accreditation process with built-in baseline surveys.
- ✓ Is free for the 2016-2017 school year through a suicide prevention grant from the ND Department of Health. The normal startup cost for a school is \$5,000.
- ✓ Sustaining annual costs are \$500 per school per year.
- ✓ Sustaining costs can be drawn from Title IV, fitting programs for well-rounded students.

Contact Cody Sletten at Sources of Strength with any questions.
701-426-9057 • cody@sourcesofstrength.org • sourcesofstrength.org



Question Persuade Refer (QPR) for Suicide Prevention is a protocol for suicide prevention that helps people to recognize warning signs of suicide crisis and how to question, persuade and refer someone for help.

The protocol teaches “gatekeepers” (those in a position to help), to prevent suicide through hope and action. In this suicide prevention training, participants learn about statistics, learn the QPR protocol and practice the protocol through role play, which gives them a chance to walk/talk through a person’s wish to commit suicide and get them help. Short videos are also used during the presentation to give more insight into the global statistics, the QPR method and why it helps, and also some background on brain disorders that pertain to suicidal thoughts and actions.

QPR is not intended to be a form of counseling or treatment.

QPR is intended to offer hope through positive action.

QPR is intended to teach those who are in a position to recognize the warning signs, clues and suicidal communications of people in trouble to ACT vigorously to prevent a possible tragedy.

Ask a Question, Save a Life

For further information, please contact: Yvonn Weigel-Frank, Certified QPR Gatekeeper Instructor, at RESP, 483-0999.





RESP ELL SERVICES

RESP provides support through training and resources for identification and screening of ELL students. Once identified, the RESP ELL Coordinator collaborates with staff to create an individual language plan for each student and determine best practices of language development to improve students' English language and academic content skills. The RESP ELL Coordinator also assists schools with standardized testing and compliance requirements.



Identification and Placement of New ELL Students



Individual Language Plans



Collaboration with Teachers on ELL Best Practices



Screening and State Mandated Testing Services



Compliance with State and Federal Policies

**JILLIAN DIETCHMAN
ELL COORDINATOR**

jillian.dietchman@k12.nd.us

Work: 701-483-0999
Cell: 307-359-3433

Modern Grading Practices & Building Student Perseverance & Self-Discipline

Presented by: Rick Wormeli

Date: June 8 & 9, 2017
Location: DSU Student Center Ballroom
Time: 8:30AMMST Registration (both days)
 9AM-4:30PMST (both days)

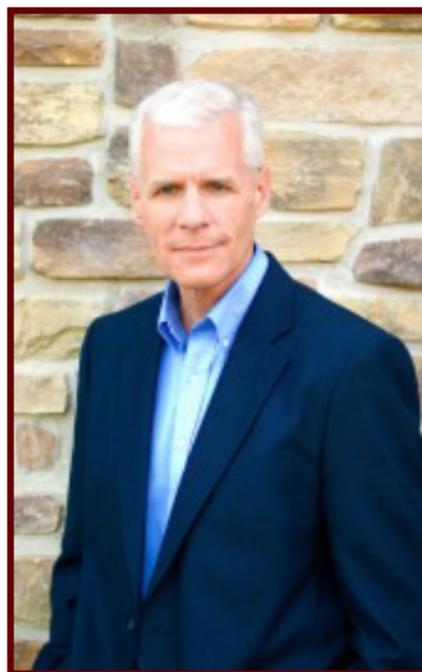
To Register

www.escweb.net/nd_resp/catalog/session.aspx?session_id=34581

Cost

-\$150/person (includes meals & beverages). No refunds. \$300 for non-members.

-Continuing Education Credit (1) will be available through DSU for \$50/person (must attend both days).



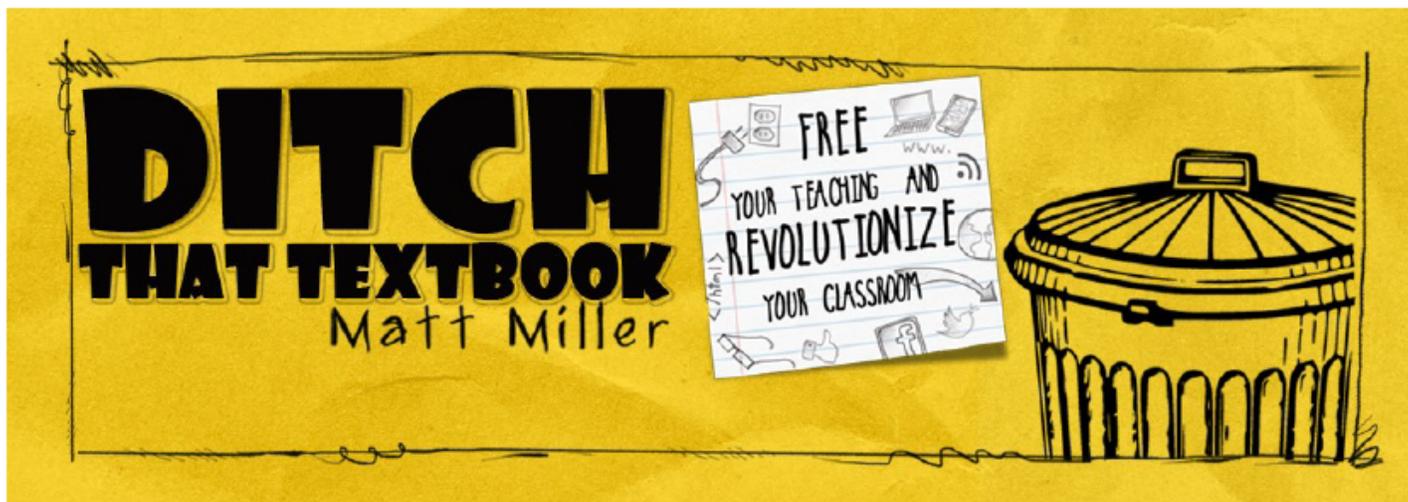
Join us for a compelling two-day seminar that explores the intersection of modern grading practices and teaching students tenacity and responsibility. We'll explore the burning issues of grading, including: re-do's/re-takes, averaging or not, formative/summative/common/alternative assessments, descriptive feedback, marking homework, gradebooks/report cards, evidence of mastery, zeroes on the 100-point scale, extra credit, grading special education students in the regular education classroom, and much more.

Plus, we'll look at how to help students find the reserves to stick with projects and tasks, be they physical or intellectual. We can't motivate students, as that comes from within them, but we **can** create an environment in which they want to invest time and energy dedicated to learning. We'll understand that there is no such thing as laziness; our students want to do demanding, complex learning, and they want to persevere! This generation is more than ready for what it takes to make the world their own. **Let's light this rocket!**

Reserve your spot today to ensure attending this great workshop!



Made possible by Succeed 2020 Initiative and DPI Professional Development Grant Funding.



Practice DITCHing your Textbook with Matt Miller

Teachers are no longer the gatekeepers to education. With ubiquitous information available from Google searches, YouTube videos and social media, how do we as educators navigate the new landscape?

It's time to "Ditch That Textbook," engaging students in digital spaces and rethinking our "textbook" beliefs about education. You'll leave this session with lots of practical, "use in class tomorrow" ideas for using technology in the classroom. You'll also be inspired and equipped to provide the most relevant education possible for your students. Thorough digital handouts save links to all your valuable content in one place to refer back to later. Be sure to bring a laptop, Chromebook or tablet to get the most out of this workshop!

Date: July 25 & 26, 2017

Location: DSU Student Center Ballroom

Time: 8:30AM_{MST} Registration (both days), 9AM-4:30PM_{MST} (both days)

To Register: www.escweb.net/nd_resp/catalog/session.aspx?session_id=34447

Cost: \$150/person (includes meals & beverages). No refunds.

\$300 for non-members.

-Continuing Education Credit (1) will be available through DSU for \$50/person (must attend both days).

If you have any questions, please contact RESP at 701.483.0999.

Made possible by Succeed 2020 and DPI Professional Development Grant Funding.

RESP Roughrider Education Services Program **SUCCEED2020** ND Education and Workforce Initiative