

300 13th Avenue West, Suite 6C
Dickinson, ND 58601

Phone: 701.483.0999
Fax: 701.483.0998

<http://www.resp-k12-education.org/>

Director

Riley Mattson
riley.mattson@k12.nd.us

Succeed 2020 Project Director

Yvonn Weigel-Frank
yvonn.weigel@k12.nd.us

Professional Development Specialists

Sarah McFadden
sarah.mcfadden@k12.nd.us

Denise Soehren
denise.soehren@k12.nd.us

ELL Specialist

Jillian Wass
jillian.wass@k12.nd.us

College & Career Readiness Specialist

Brittany Wood
brittany.ludwig@k12.nd.us

Transitions Coordinator

David Bicknese
david.bicknese@k12.nd.us

Administrative Assistant

Wendy Moyryla
wendy.moyryla@k12.nd.us

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Program

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QPR
For Suicide
Prevention™

Register for any RESP Event at

www.resp-k12-education.org/registration.php

Request School Specific trainings
including Suicide Prevention
Training at

<http://tinyurl.com/resp-request>

**Question,
Persuade,
Refer for
Suicide
Prevention**

SUCCEED2020 ▶

ND Education and Workforce Initiative

What You Need To Know

The following is information from the Centers for Disease Control (CDC) and the North Dakota Department of Health:

- ◆ Nationally, suicide was the 3rd leading cause of death for those age 10-14 in 2013.
- ◆ In 2013, suicide ranked as the 2nd leading cause of death for those ages 15-34.
- ◆ It was also the 2nd leading cause of death for those between the ages of 15-24 in North Dakota.
- ◆ North Dakota reported an average of one attempt per day needing serious medical attention.
- ◆ In 2013, the National Prevention Lifeline took 1,501 calls from people in North Dakota who were looking for help with suicidal thoughts.
- ◆ In 2014, North Dakota reported 133 deaths by suicide.

What You Need To Know

- ◆ Over 494,169 people with self-inflicted injuries were treated in U.S. emergency departments in 2013.
- ◆ 1.3 million adults attempt suicide each year.
- ◆ There are 25 suicide attempts on average per suicide.
- ◆ Of those who survive, less than 15% attempt suicide again.

Connections save lives. Support others to help prevent suicidal thoughts and behaviors early.

Help Prevent Suicide Today
Create Positive Connections Between

Friends, Loved Ones & Families

People & Community Organizations

Local Groups, Support Services, & Agencies

Working together, everyone can give support & improve well-being.

Learn more bit.ly/CDCPreventSuicide

VetoViolence

“Suicide is a preventable public health problem in North Dakota.”

North Dakota Department of Health Suicide Prevention Program

*Ask a Question,
Save a Life*

*LEARN QPR for
Suicide Prevention*

National Suicide Prevention Lifeline

1-800-273-8255

Text Line: **741741**