

# INspired Leadership Retreat

## An Overview of the Three-Day Training:

### Day 1

#### **INspired Leadership for Energy Engagement: 7 Levels of Energy**

Do you desire not only a school culture where murmuring and complaining are replaced with awareness and engagement, but a similar culture in your personal life? Do you find total satisfaction in who you are? How do you want to show up in life? This experience will create a greater awareness of how you are currently expressing yourself, how to express the greatest version of yourself, and how you impact others around you.

### Day 2

#### **INspired Leadership for Communication: Facilitating Coaching Conversations**

What would happen if all your interactions were intentional, engaging, and productive? How do your communication skills inspire your personal and professional relationships? Do you want to take your communication above and beyond what you can imagine? Participants will learn specific coaching skills and strategies to impact energy and leadership.

### Day 3

#### **INspired Leadership for Excellence: Achieving Desired Outcomes**

How are you making decisions in your professional organization or personal life? Are fear, force, or opportunity the driving factors? Learn how to reach optimal goals and obtain sustainable results in yourself and your organization. You will take the coaching skills and strategies learned in Facilitating Coaching Conversa-



**Date:** August 9-11, 2016  
**Time:** 9AM-3PM<sub>MST</sub> Daily  
**Location:** DSU Student Center Ballroom  
**Cost:** \$500 per person (Non-member \$1,000)  
**Credit:** 1 Graduate credit will be available